

DISTRICT II SWIMMING AND DIVING

General Rules/Eligibility

1. Each affiliate swim team representative must be a current member of ARPA. Any swim association representative and/or coach who is not a member of ARPA will forfeit all voting privileges.
2. A District 2 affiliate swim team must swim at least five (5) dual or tri- meets within District 2, excluding cancellations due to weather, in order to be eligible for the District 2 Championship Meet. A schedule must be sent to the District 2 Swim Association president to be compiled into a composite schedule to determine eligibility. All cancellations and/or changes to a team's schedule must be reported to the Association president. Only one (1) meet against each affiliate swim team will count toward the five (5)-meet minimum.
3. Individual swimmers must participate in a minimum of three (3) District 2 swim meets to qualify for the District 2 Championships.
4. Each ARPA Director is responsible for having a staff representative at each home meet. Any question involving eligibility of a team member is to be handled by the representative. It is the responsibility of each ARPA Director to insure that the affiliate team follows ARPA rules at dual and tri- meets and at all ARPA District 2 and ARPA State Championship meets.
5. The meetings of the District 2 Swim Association shall be conducted by the president, who is the district representative of the team designated to host the next District 2 Championships. The district representative of the team that is next in line to host the District 2 Championships will be the secretary. For the purpose of conducting business of the Association, each team shall have one (1) vote.

Spring Meeting: The spring meeting will be held on the 2nd Tuesday of April at the Guntersville Recreation Center at 6:00 p.m. All scheduling and rules clarifications will be handled at the spring meeting. New officers will take office at the spring meeting. The District 2 Championships host affiliate team will complete its schedule first in order to accommodate as many teams as possible who are hoping to visit the District 2 Championships host site and in deference to the demands made on their parent workers.

The host team will distribute the current year's ARPA Rec Sports Manual, including SQT and required forms, and the meet invitation.

Fall Meeting: The fall meeting will be held on the 2nd Tuesday of September at the Guntersville Recreation Center at 6:00 p.m. Discussions of problems and new rule proposals will be discussed.

6. Teams will schedule preseason officials' clinics, when possible, notifying other affiliate swim teams of clinic time and location.
7. District 2 Championships Rotation:
 - 2019: Cullman (reverse)
 - 2020: Boaz
 - 2021: Decatur
 - 2022: Fort Payne
 - 2023: Guntersville
 - 2024: Madison
 - 2025: Scottsboro
 - 2026: Albertville
 - 2027: Arab
8. Any person who harasses officials, coaches, or swimmers during any meet, or conducts him/herself in any unsportsmanlike manner shall first be given a warning to refrain from such conduct by the meet referee. If such conduct continues, the host ARPA representative along with the meet referee may require the offender to leave the meet.

In the event that the conduct outlined above is that of a meet official, the president of District 2 Swim Association shall meet with the ARPA representatives from both teams and take disciplinary action against the offending individual.

It is suggested that a written reprimand be issued for a first offense. For a second offense, it is suggested that the individual be barred from serving in any official capacity at District 2 meets during that calendar year.

Season Meets

1. Host teams are required to furnish the following for season meets:

Meet Referee	Backstroke pennants
Starter	False-start rope
Stroke & turn judges	Electronic timing system and backup manual timing
Workers for scoring and timing	Workers for bullpen organization
Workers for ribbon labels	
Ribbons through 6 th place in individual events and through 3 rd place in relay events	
Ribbons for exhibition swimmers	
2. Visiting teams are required to furnish the following for season meets:

Stroke & turn judges	Workers for timing
Workers for ribbon labels	

3. All season meets will follow USA Swimming rules unless otherwise agreed upon by the participating teams, or as outlined by ARPA. ARPA rules take precedence over USA Swimming. District 2 rules take precedence over ARPA rules.

4. The home team will warm up first. Each team is guaranteed a 30-minute warm-up in a dual meet and a 20-minute warm-up in a tri-meet.

5. Order of events for season meets is as follows:

IM (100 yards for all ages)

Medley Relay (100 yards for 8 & under; 200 yards for all other age groups)

Short Freestyle (25 yards for 6 & under, 8 & under; 50 yards for all other age groups)

Breaststroke (25 yards for 8 & under; 50 yards for all other age groups)

Backstroke (25 yards for 6 & under, 8 & under; 50 yards for all other age groups)

Butterfly (25 yards for 8 & under; 50 yards for all other age groups)

Long Freestyle (50 yards for 8 & under; 100 yards for all other age groups)

Freestyle Relay(100 yards for 6 & under, 8 & under; 200 yards for all other age groups)

Each event will be swum starting with the 6/8 & under age group and continuing through the 15-18 age group. The boys will swim first in each age group followed by the girls.

6. Entries for season meets should be submitted electronically in Hytek Meet Manager software via e-mail prior to the season meet. If an e-mail submission of entries cannot be made, entries should be submitted via flash drive prior to the meet. The visiting team will occupy odd-numbered lanes and the home team will occupy even-numbered lanes.

7. Tri-meets will follow a regular order of meet events. Each team will be allowed 2 swimmers per individual event and two relay teams per relay event. In a six-lane pool, visiting teams will be assigned lanes 1 & 4 and lanes 3 & 6. The home team will swim in lanes 2 & 5. In a meet with an eight-lane pool, the visiting teams will be assigned lanes 2 & 5 and lanes 4 & 7. The home team will swim in lanes 3 & 6. Lanes 1 & 8 will be reserved for exhibition swimmers.

8. Dual meet scoring is as follows:

Individual events

First place – 5 points

Second place – 3 points

Third place – 1 point

Relay events

First place – 7 points

No team can score points for all three places in an individual event. The maximum number of points a team can score in an individual event is 8.

9. Tri-meet scoring is as follows:

Individual events

First place – 6 points

Second place – 4 points

Third place – 3 points

Fourth place – 2 points

Fifth place – 1 point

Relay events

First place – 8 points

Second place – 4 points

10. Swimmers may swim up in a higher age group in relay events without affecting individual events. They may also swim up in one relay event and back in their proper age group for another relay event, provided it is not the same relay event. If a swimmer swims up in an individual event, the swimmer must swim up in that higher age group for all individual and relay events for the entire meet.

11. Exhibition heats shall be swum after the competition heat of each individual age group event.

12. There is no limit to the number of relay teams that may swim a relay event.

13. Clarification of any question arising at the scoring table regarding timing or disqualifications shall be brought to the immediate attention of the referee, not altered by the scoring table.

14. Regarding 8 & Under starts: If the situation arises during a season meet and/or at the District 2 Championships such that 8 & under swimmers face the prospect of starting an individual event OR a relay start from a shallow end of the pool, dive starts from the gutter shall be allowed is the pool depth if between 3'6" and 4' four feet away from the wall.

15. Should there be a protest for a rules violation, the protest must go immediately to the meet referee and the protest must be made by the coach. If the meet referee cannot resolve the matter, the protest will be referred to the president of the District 2 Swim Association, who will, in turn, appoint a protest committee consisting of three (3) neutral representatives who will resolve the protest within ten (10) days. The referee will otherwise remain available after a meet until all matters are resolved and will consult with each of the teams' coaches before leaving the meet.

16. When the host ARPA representative and the meet referee rule that conditions are unfavorable for the continuance of a season meet, the meet shall be called after a 30-minute waiting period. The team victory will be awarded to the team that is ahead at the time the meet is called provided the meet is more than half completed (after the conclusion of the breaststroke events). An effort should be made to reschedule a meet that is interrupted before a winner can be declared.

District 2 Championships

1. The District 2 Championship Meet will follow USA Swimming rules unless otherwise agreed upon by the participating teams, or as outlined by ARPA. ARPA rules take precedence over USA Swimming. District 2 rules take precedence over ARPA rules.
2. The roster turned in July 1 is the official roster and no addition may be made after that date for District, State, or season meets. Copies of birth certificates or other acceptable proof of DOB will be submitted to the host team along with roster, waiver form, entry fees and entries.
3. Copies of the verified official roster may be requested by an ARPA director, an ARPA Recreational Sports' Committee member, a participating affiliate's District Chairman, or the designated ARPA staff member accompanying the affiliate's team at any level of competition.
4. Entries must be submitted, including times achieved during a recognized District 2 swim meet, by the deadline announced by the host team. Entries should be submitted electronically in Hytek Meet Manager software. All entries are final. Entry fees will mirror the State ARPA entry fees.
5. The meet referee will be provided by the host team and shall be a certified United States Swimming referee who should not have regularly participated in the ARPA District 2 summer swim season. If a referee from outside District 2 cannot be found, two co-referees shall conduct the meet – one selected by the host team and the other by the following year's host team.
6. A swimmer's age is determined as of June 1. Swimmers must compete in their appropriate age groups in individual events. Swimmers may swim up for relays only if they do not have enough in that age group and may only swim 1 free and 1 medley relay.
7. The District 2 Swimming Championships will consist of timed finals only.
8. No exhibition swimming is permitted.
9. Swimmers may enter and compete in a maximum of three (3) individual events and two (2) relays. Diving does not count as an event.
10. Teams may enter as many relay teams per age group as they wish. When there is more than one relay team in any event, the teams shall be designated at Team "A", Team "B", etc. Only one relay team may score points in an event, but as many teams as qualify may participate in the ARPA State Meet as designated by ARPA rules.

11. Medals will be awarded for 1st, 2nd and 3rd place in individual and relay events. Ribbons will be awarded for 4th through 8th place in individual and relay events.

12. Points will be awarded as follows:

a. Individual events

- | | | |
|-----------------------------|-------------------------|------------------------|
| b. First place – 9 points | Second place – 7 points | Third place – 6 points |
| c. Fourth place – 5 points | Fifth place – 4 points | Sixth place – 3 points |
| d. Seventh place – 2 points | Eighth place – 1 points | |

e. Relay events

- | | | |
|-----------------------------|--------------------------|-------------------------|
| f. First place – 18 points | Second place – 14 points | Third place – 12 points |
| g. Fourth place – 10 points | Fifth place – 8 points | Sixth place – 6 points |
| Seventh place – 4 points | Eighth place – 2 points | |

13. The first, second, third, and fourth place finishers in each event in the District 2 Championships will advance to the ARPA State Meet, regardless of time. Additionally, the fifth through sixteenth place finishers will advance to the ARPA State Meet if they achieve the designated ARPA state qualifying time (16th place time from the previous year's ARPA State Meet). If one or more of the qualifying places scratches out of the ARPA State Meet, the swimmer who occupies the next place or has obtained a qualifying time will advance to the ARPA State Meet. In the event of a tie for 1st, 2nd or 3rd place, medals will be awarded for all swimmers who tie.

14. District 2 shall consider swimming championships and diving championships as separate championships. Team awards will be awarded in both swimming and diving.

15. Diving will consist of 1-meter and 3-meter events, and the age groups for diving are as follows:

1 meter

- 10 & under boys/girls
- 11-12 boys/girls
- 13-14 boys/girls
- 15-18 boys/girls

3 meter

- 12 & under boys/girls
- 13-14 boys/girls
- 15-18 boys/girls

16. See rule 15 under season meets regarding 8 & under starts.

17. District Championship hosts are strongly encouraged to have touch pad timing available at both ends of the pool in order to avoid the dive start situation for 8 & under 25-yard individual events. If touch pad timing is not available at both ends, then 8 & unders should start from the end of the pool with the blocks.

18. Should there be a protest for a rules violation or unsportsmanlike conduct, the protest must go immediately to the meet referee and the protest must be made by the coach. If the meet referee cannot resolve the matter, the protest will be referred to the president of the District 2 Swim Association, who will, in turn, appoint a protest committee consisting of a representative from each team to resolve the protest. The ARPA representative will serve only in an advisory capacity.

19. A scratch meeting will be held at the end of the final day of the District 2 Championships. This meeting will be the final determination of who will represent District 2 in each event at the ARPA State Meet.

DIVING CHAMPIONSHIP

THURSDAY

EVENT # BOYS	EVENT	EVENT # GIRLS
1D	1 METER 10 & U	2D
3D	1 METER 11-12	4D
5D	1 METER 13-14	6D
7D	1 METER 15-18	8D
9D	3 METER 12 & U	10D
11D	3 METER 13-14	12D
13D	3 METER 15-18	14D

SWIMMING CHAMPIONSHIP

FRIDAY AM

EVENT # BOYS	EVENT	EVENT # GIRLS
1	8&U 100 IM	2
3	9-10 100 IM	4
5	11-12 100 IM	6
7	13-14 100 IM	8
9	15-18 100 IM	10
11	8&U 25 BREASTSTROKE	12
13	9-10 50 BREASTSTROKE	14
15	11-12 50 BREASTSTROKE	16
17	13-14 50 BREASTSTROKE	18
19	15-18 50 BREASTSTROKE	20

FRIDAY PM

EVENT # BOYS	EVENT	EVENT # GIRLS
21	6&U 25 FREE	22
23	8&U 25 FREE	24
25	9-10 50 FREE	26
27	11-12 50 FREE	28
29	13-14 50 FREE	30
31	15-18 50 FREE	32
33	8&U 100 MEDLEY RELAY	34
35	9-10 200 MEDLEY RELAY	36
37	11-12 200 MEDLEY RELAY	38
39	13-14 200 MEDLEY RELAY	40
41	15-18 200 MEDLEY RELAY	42

SATURDAY AM

EVENT # BOYS	EVENT	EVENT # GIRLS
43	8&U 25 FLY	44
45	9-10 50 FLY	46
47	11-12 50 FLY	48
49	13-14 50 FLY	50
51	15-18 50 FLY	52
53	6&U 25 BACK	54
55	8&U 25 BACK	56
57	9-10 50 BACK	58
59	11-12 50 BACK	60
61	13-14 50 BACK	62
63	15-18 50 BACK	64

SATURDAY PM

EVENT # BOYS	EVENT	EVENT # GIRLS
65	8&U 50 FREE	66
67	9-10 100 FRE	68
69	11-12 100 FREE	70
71	13-14 100 FREE	72
73	15-18 100 FREE	74
75	6&U 100 FREE RELAY	76
77	8&U 100 FREE RELAY	78
79	9-10 200 FREE RELAY	80
81	11-12 200 FREE RELAY	82
83	13-14 200 FREE RELAY	84
85	15-18 200 FREE RELAY	86

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