

2018 ARPA District-II Swim Meet

Warm Up Lane Assignments

Friday Morning July 13

Session 1 – 7:30 a.m. to 7:55 a.m.

ARAB - Lanes 1-2

GST - Lanes 3-5

AST - Lanes 6-8

Session 2 – 7:55 a.m. to 8:20 a.m.

CST - Lanes 1-4

SSA - Lanes 5-8

Session 3 – 8:20 a.m. to 8:45 a.m.

MST - Lanes 1-8

Session 4 – 8:45 a.m. to 9:10 a.m.

BOAZ - Lanes 1-5

DST - Lanes 6-7

FPST - Lane 8

Saturday Morning July 14

Session 1 – 7:30 a.m. to 7:50 a.m.

ARAB - Lanes 1-4

GST - Lanes 5-8

Session 2 – 7:50 a.m. to 8:10 a.m.

CST - Lanes 1-4

AST - Lanes 5-8

Session 3 – 8:10 a.m. to 8:30 a.m.

BOAZ - Lanes 1-8

Session 4 – 8:30 a.m. to 8:50 a.m.

SSA - Lanes 1-5

DST - Lanes 6-7

FPST - Lane 8

Session 5 – 8:50 a.m. to 9:10 a.m.

MST - Lanes 1-8

Morning swim sessions begin at 9:30 a.m.

**1hr open warm up session available after conclusion of morning session.
Team coaches must be on deck for their team warmup.**